

ACTIVITIES AND PROGRAMS UNDER
Azadi ka Amrit Mahotsav (AKAM)

Department: Skill Development Department
Event Name: Volleyball Match Competition
Event Location: Govt ITI Ramban
Organizer: Superintendent ITI Ramban
Activity Date: 08-03-2023
Instructors Participation: Sh. Roof Ahmed, Sh. Ajaz Ahmed, Sh. Mohd Sohail and Sh. Arshad Nizam
Trainees Participation: 30 No's.
Mode: Offline

Event Description and Photograph:-

A Volleyball Match competition was organised at ITI Ramban on 08-03-2023 under Azadi Ka Amrit Mahotsav (AKAM) by Vocational Instructors along with the trainees of different trades. In this match more than thirty (30) trainees participated.

All the trainees participated in this match and played the match with full enthusiasm and teamwork. Two teams were divided by the instructors. Both the teams played very well. This match was organised to boost the knowledge of physical sports activities among the trainees. Sports require physical exercise, which results in better blood circulation and an overall improved physical stamina. It opens up one's nerves and makes the body more flexible, agile and responsive. Despite all the physical advantages, participating in a sport also works wonders to your brain and overall personality.



No: ITI/RBN/2023/1335
Dated: 08-03-2023

Sd/-
Superintendent
ITI Ramban